Let's Talk WATER SAFETY



Responsibilities:

- Watching the water
- Able-Bodied
- Supervising
- I DO NOT have a phone out (excluding an emergency)
- If I pass the lanyard onto someone, they are able to perform the same duties!

In NSW lifeguard's wear Red and Yellow



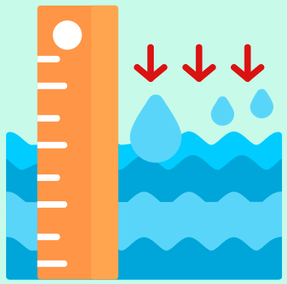
Heading to the water?
Ask yourself

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Who is around?



Has the water been checked?





Is there a lifeguard?

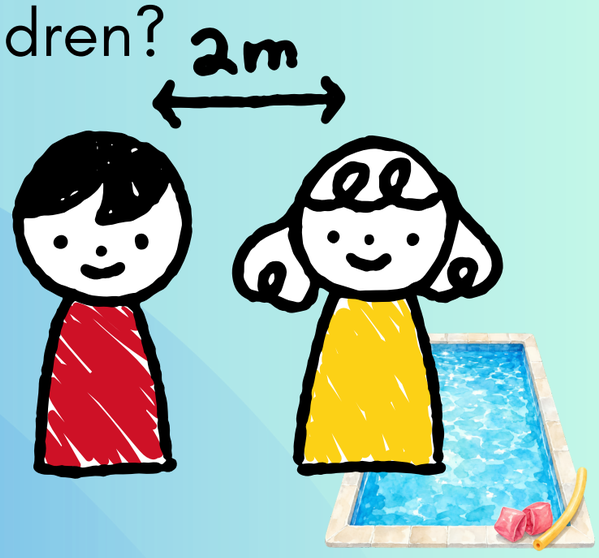


Who is designated as the responsible adult?



Do I have my checklist?

How far away are the children?



WARNING!
DANGER

Puddle Jumpers!

What can happen?

- Encourages body to invert!
- Holds child upside down!
- **Can not** roll over!
- **Can not** use arms!

If a child gets flipped over they **Will Not** get their head back to the surface!



What floatation device to use?



Life Jacket

- Correctly fitted
- Under 5 years with a strap between legs.
- Constant Adult Supervision



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Back bubble

- Correct size for age
- Constant Adult Supervision

Pool noodles | Constant Adult Supervision

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Constant Adult Supervision

