



REPETITION

Not too hard, but just hard enough

The activity has to have the right level of complexity

It must be complex enough to allow progression

But not too complex that it is confusing and overwhelming

It can't be too complex that it turns them off

This middle ground is called the zone of Proximal Development

Play, Learn, Repeat



5 Key skills that you can teach your child at home to help increase your child's chances of survival



Infant Survival Skills

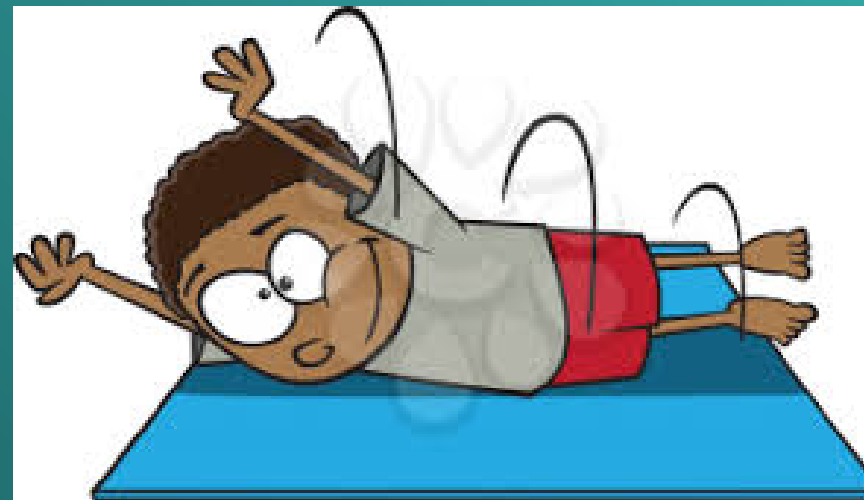
Places like the home environment can become a much more dangerous place than we first thought.

With an average of 27 child drownings per year Children aged 1-4 years old are especially susceptible, with 60% of child drowning deaths occurring in this age group.

Beath Control



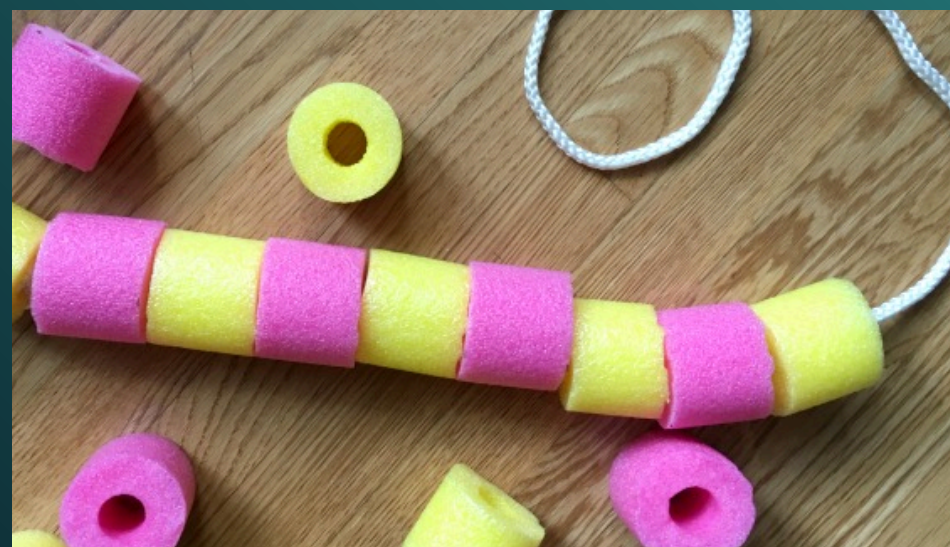
Rolling Over



Floating



Reaching and Grabbing



Staying calm

